

# MAY 2024

# EastSide Charter School

# LUNCH



*\*All menu items are subject to change according to seasonality and availability.*



**May is National Egg Month.** Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**Cheeseburger with Baked Beans & Sliced Peaches** 1

**Jamaican Jerk Chicken over Rice with Glazed Baby Carrots** 2

**Chicken Nuggets & Mozzarella Sticks with Dipping Sauce and Steamed Broccoli** 3

**Crispy Chicken Sandwich with French Fries and Applesauce** 6

**Crunchy Beef Nachos with Sautéed Corn & Black Bean Salsa** 7

**Popcorn Chicken & Waffles with Sweet Potato Fries** 8

**Philly Cheesesteak with Sautéed Green Beans & Fresh Sliced Fruit** 9

**Chicken Parm Poppers over Pasta and Fresh Orange Slices** 10

**Turkey Club Sandwich with Side of Beans and Sliced Fruit** 13

**General Tso's Chicken over Rice with steamed Broccoli and Apples** 14

**Chicken Nuggets & Mozzarella Sticks with Dipping Sauce and Steamed Broccoli** 15

**Breakfast for Lunch- Pancakes with Turkey Sausage and Potato Puffs** 16

**Personal Pan French Bread Pizza with Chopped Garden Salad and Apple Slices** 17

**Cheeseburger with Baked Beans & Sliced Peaches** 20

**Chicken Fajita Bowl with Seasoned Black Beans over Rice with Apple Sauce** 21

**Baked Chicken Tenders with Homemade Baked Mac & Cheese with Green Beans** 22

**Chicken Nuggets with Dipping Sauce with Whole Grain Dinner Rolls and Mixed Steamed Veggies** 23

**No School** 24

**Memorial Day** 27

**Personal Pan French Bread Pizza with Chopped Garden Salad and Apple Slices** 28

**Meatball Sub with French Fries and Fresh Sliced Fruit** 29

**Spicy Chicken Sandwich with Fiesta Corn and Assorted Fruit** 30

**Spaghetti & Meatballs Marinara Sauce, Dinner Rolls and Fresh Garden Salad** 31